

DESCRIPTION OF THE COURSE OF STUDY

Course code	1012.7.KOS1.B/C33.KUS	
Name of the course in	Polish	Kosmetologia upiększająca specjalistyczna
	English	Rejuvenating cosmetology specialist

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Cosmetology
1.2. Mode of study	Full-time/ Extramural studies
1.3. Level of study	Bachelor's degree
1.4. Profile of study*	Practical
1.5. Person/s preparing the course description	Dr Marta Klimek-Szczykutowicz
1.6. Contact	marta.klimek-szczykutowicz.ujk.edu.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	English
2.2. Prerequisites*	Knowledge of issues of human anatomy and physiology, skin care cosmetology.

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Laboratories	
3.2. Place of classes	Teaching rooms of the UJK	
3.3. Form of assessment	Credit with grade	
3.4. Teaching methods	Laboratory: demonstration with explanation, practical classes	
3.5. Bibliography	Required reading	1. Adamski Z., Kaszuba A., Dermatologia dla kosmetologów. Wydawnictwo Elsevier Urban & Partner, Wrocław 2010 2. Dylewska – Grzelakowska J., Kosmetyka stosowana. WSiP, Warszawa 1999.
	Further reading	1. Martini M.C. Kosmetologia i farmakologia skóry, Wydawnictwo PZWL, Warszawa 2008. 2. Noszczyk M. Kosmetologia pielęgnacyjna i lekarska, Wydawnictwo PZWL, Warszawa 2010. 3. Multifunctional instrument instruction.

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

4.1. Course objectives (including form of classes) Laboratory C1. Introducing students with knowledge in the field of beautifying cosmetology hands and feet. C2. Preparing students to independently plan and perform treatments to beautify hands and feet. C3. The abilities to perform treatments in the field of beautifying cosmetology hands and feet, taking into account indications and contraindications.
4.2. Detailed syllabus (including form of classes) Laboratory 1. Pedicure and cosmetic manicure, indications and contraindications for the procedure. 2. Biological and clipper manicure with nail painting. 3. The principles of painting and decorating the nail plate. 4. Hand care treatments. 5. Studying cosmetic equipment operating instructions in English.

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of KNOWLEDGE:		
W01	Student knows care and beauty treatments, taking into account indications and contra-indications.	KOS1P_W06
W02	Student knows the rules of occupational health and safety.	KOS1P_W10

within the scope of ABILITIES:		
U01	Student can perform the procedure taking into account indications and contraindications.	KOS1P_U01
U02	Student can explain to the client the choice of treatment appropriate to his needs.	KOS1P_U04
U03	Student can detect a suspicious skin lesion.	KOS1P_U10
U04	Student can interview the client in order to plan further proceedings.	KOS1P_U18
within the scope of SOCIAL COMPETENCE:		
K01	Shows respect for the clients and understands their problems.	KOS1P_K06

4.4. Methods of assessment of the intended learning outcomes

Teaching outcomes (code)	Method of assessment (+/-)					
	Activity in the classroom*			Others* (practical test)		
	Form of classes			Form of classes		
	L	C	...	L	C	...
W01	-	+		-	+	
W02	-	+		-	+	
U01	-	+		-	+	
U02	-	+		-	+	
U03	-	+		-	+	
U04	-	+		-	+	
K01	-	+		-	+	

*delete as appropriate

4.5. Criteria of assessment of the intended learning outcomes

Form of classes	Grade	Criterion of assessment
laboratories (L)*	3	Class attendance in accordance with the study regulations. Activity in laboratories. The procedure is performed chaotically, requires guidance and supervision, has problems with interviewing the client and correctly identifying contraindications. The difficulty is the correct selection of tools for the procedure. It is necessary to constantly remind about the principles of occupational health and safety.
	3,5	Class attendance in accordance with the study regulations. Activity in laboratories. The procedure is performed at a basic level, but in a slow motion, requires guidance when interviewing the client, identifying contraindications and selecting tools. After targeting, student correctly applies health and safety rules.
	4	Class attendance in accordance with the study regulations. Activity in laboratories. Student is well versed in the procedure. After targeting, the procedure is performed correctly. Student has good contact with the client and correctly identifies contraindications to the treatment. Adheres to the rules of occupational health and safety.
	4,5	Class attendance in accordance with the study regulations. Activity in laboratories. The technique and sequence of activities performed without any comments. Good contact with the client. Can correctly identify contraindications. Cares for the workplace and complies with health and safety rules.
	5	Class attendance in accordance with the study regulations. Activity in laboratories. The technique and sequence of activities performed without any remarks, the individual stages of the treatment procedure are performed smoothly and confidently. Very good contact with the client. Student independently identifies contraindications to the procedure. Cares for the workplace and complies with the principles of occupational health and safety.

5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

Category	Student's workload	
	Full-time studies	Extramural studies
NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/	25	20
Participation in laboratories*	25	20
INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/	25	30
Preparation for the laboratories*	25	30

<i>TOTAL NUMBER OF HOURS</i>	50	50
ECTS credits for the course of study	2	2

**delete as appropriate*

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)

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